

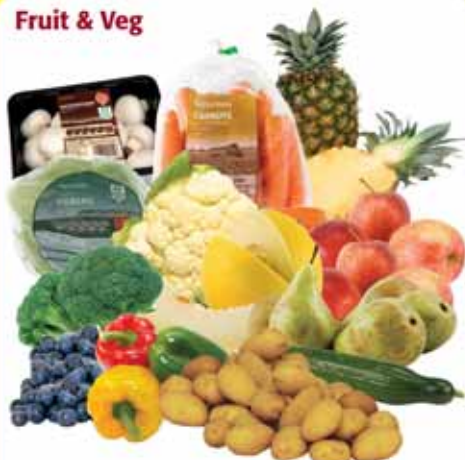
**FREE**

Vol. 22 Issue 36/11

Friday 9th - Thursday 15th September 2011

**KINSALE ADVERTISER**INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339

**SPEND LESS WITH SuperValu****Permanent Price Cuts****We're helping you Spend Less every day with Price Cuts across the store****Fruit & Veg**

Carrots Bag 2kg **Now €1.69** save 31c, Loose Pineapple **Now €1.69** save 31c  
 Iceberg Lettuce **Now 90c** save 15c, Loose Cauliflower **Now €1.49** save 51c,  
 Yellow Melon **Now €1.99** save 1c, Pear Bag 9pce **Now €1.49** save 51c,  
 Prepared Mushrooms 250g **Now 99c** save 20c, Loose Cucumber **Now 69c** save 10c,  
 Baby Potatoes 1 kg **Now 89c** save 11c, Wrapped Broccoli Crown 350g  
**Now €1.29** save 71c, Blueberries Punnet 125g **Now €1.99** save 1c, Royal Gala Apple  
 Tray 6pk **Now €1.69** save 31c, Loose Peppers 1 pce **Now 99c** save 6c

**Household**

SuperValu Family 9 Roll White **Now €2.69** save €1.50, SuperValu Household  
 Towel 4pk **Now €2.49** save 10c, SuperValu Anti-Bacterial Liquid Handwash  
 Rain Drop/Aloe Vera 500ml **Now 85c** save €1.44, SuperValu Forest Berries  
 Shampoo/Conditioner 400ml **Now 79c** save 90c, SuperValu Anti-Bacterial  
 Spray 500ml **Now 89c** save 13c, SuperValu Thick Bleach 750ml **Now 59c** save 30c,  
 SuperValu Firelock 1.1 kg **Now €1.79** save 39c

**& Across the Store...**

SuperValu Quality Irish  
 Pork Steak  
**Now €3.99/kg** Save 63c/kg



SuperValu Quality Irish Beef Mince  
 Family Pack 750g  
**Now €2.77** Save €1.23



SuperValu White  
 Sliced Pan 800g  
**Now 99c** Save 13c



SuperValu Original Coffee 100g  
**Now €1.75** Save 20c



SuperValu Gold Blend Tea Bags  
 250g  
**Now €1.49** Save 70c



SuperValu Honey 340g  
**Now €1.49** Save 70c



SuperValu Sausages 454g  
**Now €1.59** Save 40c



SuperValu Farmhouse  
 Mushroom, Tarragon & Garlic/  
 Brussels Paté 150g  
**Now €1.49** Save 50c



SuperValu Oh So Buttery 500g  
**Now 85c** Save 9c



SuperValu Nice Price  
 Basmati Rice 1kg  
**Now €1.49** Save 40c



SuperValu Nice Price Mild Red/  
 White Cheddar 500g  
**Now €3.17** Save 12c



SuperValu Apple/Apple  
 & Mango Juice 1ltr  
**Now €1.79** Save 74c

# Kinsale Yoga Centre

## Yoga – Pilates – Tai Chi

### - September Timetable -

<b>MON</b>	<b>Beginners Yoga</b> with Martina 087 6166109 10am-11am Starting Sept 5th		<b>Yogalates Fusion</b> With Eileen 6.30pm-7.30pm Starting Sept 12th	<b>Vinyasa Flow Yoga</b> with Eileen 7.45pm-9pm 087 2383849 Starting Sept 12th
<b>TUES</b>			<b>Beginners Pilates</b> With Rose 6.30pm-7.30pm Course Only - Starts Sept 13th	<b>Hatha Yoga</b> All Levels With Rose 087 1332326 8pm-9.30pm
<b>WED</b>	<b>Yoga Bhajans</b> 9.00am-9.45am (no charge)	<b>Pilates</b> With Rose 087 1332326 10.30-11.30am	<b>Pilates Matwork 2</b> With Rose 6.30pm-7.30pm Starts Sept 14th	<b>Pregnancy Yoga</b> With Libby 8pm-9.15pm 087 9906187
<b>THURS</b>	<b>Hatha Yoga</b> with Rose 087 1332326 10am-11.30am		<b>Belly Dancing Beginners</b> with Melanie - 8 weeks 087 245 8769 6.30pm-8pm	<b>Belly Dancing Improvers</b> with Melanie 8 weeks 8pm-9.30pm
<b>FRI</b>		<b>Capoeira</b> 6pm-7pm with Sinha 087 6258227 Drop-in €10	<b>Total Body Tone</b> 7.15pm-8.15pm with Silver 085 1136018 Starts 16th Sept	
<b>SAT</b>	<b>Hatha Yoga</b> with Rose 10am-11.15am	<b>Tai Chi</b> with Simon 11.30am-1pm 085 1691304 (Call/Txt for Details)		

All 6 Week Courses, €60 payable in advance, cons available  
Drop-In Available Unless Otherwise Stated, €12

## Libby/Rose 087 279 4706

68 Lower O'Connell St. email: kinsaleyogacentre@gmail.com

[www.kinsaleyogacentre.com](http://www.kinsaleyogacentre.com)



# 1601

## OFF LICENCE

*Purveyors of fine wines, beers & spirits*

**OPEN**  
**7 NIGHTS**  
**UNTIL 10pm**  
 ~  
**GLASS HIRE**  
**AVAILABLE**  
 ~  
**FREE ICE**  
 ~  
**FREE HOME**  
**DELIVERY**  
 ~  
**CASE**  
**DISCOUNT**  
**ON WINE**

### SEPTEMBER SPECIALS!

Heineken 500ml Can x8 pack	€12.99
Coors 500ml Can x6 pack	€10.00
Budweiser 500ml Can x6 pack	€10.00
Carlsberg 500ml Can x8 pack	€10.00
Carling 500ml Can x10 pack	€10.00
Becks Vier 500ml Can x8 pack	€10.00
Bulmers 500ml Can x6 pack	€10.00
Stella Artois 500ml Can x6 pack	€9.00

Lech 500ml BTL	} 6 for €10	Spaten 500ml BTL	} 5 for €10
Tyskie 500ml BTL		Franziskaner 500ml BTL	
Baltica 500ml BTL		Staropramen 500ml BTL	

Tennants Lager 500ml Can x24 pack	€20.00
Stella Artois 330ml BTL x24 pack	€20.00
Bulmers 300ml BTL x20 pack	€20.00
Starberg Blonde Biere 250ml BTL x24	€11.99
Heineken 330ml BTL x12 pack	€14.99
Miller 330ml BTL x15 pack	€14.99

Los Romeros Cabernet Sauvignon, Chile	€5.99 saving €3.00 per bottle
Los Romeros Sauvignon Blanc, Chile	€5.99 saving €3.00 per bottle
Santa Rita Reserva Malbec	€8.99 saving €3.00 per bottle

Lindeman Bin 50 Shiraz	} €7.99 each Saving €3 per bottle
Lindeman Bin 65 Chardonnay	
Lindeman Bin 85 Pinot Grigio	
Lindeman Bin 45 Cabernet Sauvignon	

Trambusti Chianti D.O.C.G.	€8.99 saving €3.00 per bottle
Chateau Fontbonne Bordeaux	€9.99 saving €2.00 per bottle
Ermita De San Felices Rioja	€9.99 saving €3.00 per bottle

**Lots more incredible offers instore!**

offers available while stocks last ~ please drink alcohol responsibly

T: 021 4772529

E: [the1601kinsale@gmail.com](mailto:the1601kinsale@gmail.com)



AA Rosette

The

# White House

FULLY LICENCED GUESTHOUSE & BAR

**Breakfast Served, 8am-12noon**

**Food Served Daily, 12noon-10pm**

*Set Menu Available*



~ Live Music ~

Saturday 10th September

**Liam & Ger, 10.30pm**

Sunday 11th September

**Mike O'Riordan, 9pm**

*Special Commemorative Set Playing  
Bruce Springsteen's "The Rising"*

Monday 12th September

**Liam & Ger, 9pm**

Wednesday 14th September

**Liam & Ger, 9pm**

~ Sport on TV ~

Sunday 11th September @ 4.00pm

**Fulham v Blackburn**

*Premiership*

Tuesday 13th September @ 7.45pm

**Chelsea v Bayer  
Leverkusen**

*Champions League*

Your hosts **The Frauley Family & Staff**

**Tel: 021-4772125**

[www.whitehouse-kinsale.ie](http://www.whitehouse-kinsale.ie)

Come and Join in this Festival of Fine Food & Fun  
The "Kinsale Gourmet Festival" is held in October of each year  
and is a celebration of all the fine things that Kinsale has to offer.



## 35th Bollinger Kinsale Gourmet Festival

7-9 October 2011

### FRIDAY 7th OCTOBER 2011

3pm Cook Off on the Streets of Kinsale

6.30pm Opening of the 35th Bollinger Kinsale Gourmet Festival

8pm Dine around at one of the GFC restaurants

10.30pm "Bolly" Ball - with the Strauss Orchestra

Event Ticket price €85 (includes a €40 dinner voucher)

### SATURDAY 8th OCTOBER Limited Number of Tickets Remaining Mad Hatters Taste of Kinsale

11.30am Starting at Actons Hotel. Join Alice, the Mad Hatter, March Hare and the Fieldmouse for the Highlight of the Festival. An escorted tour of the 12 Members of Kinsale's Good Food Circle who will present spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale. The event kicks off with a sparkling reception in Acton's Hotel, sponsored by Christy's Wines & Spirits, where your guide will then escort you to each of the four tasting venues to sample fine cuisine, complimented by selected wines from our Festival wine sponsors, NASH's, GLEESONS, GILBEYS & KARWIGS Non wine drinkers can sample beer compliments of Heineken Ireland or water from Tipperary Water. As an additional fun element everyone is requested to wear a "Mad Hat" in honour of our special guest - the Mad Hatter! A competition will be held. Afterwards all groups meet back at the White Lady to dance the evening away at the Festival Club SPONSORED BY PALLAS FOODS.

Event Ticket price €90

### SUNDAY 9th OCTOBER Fruits de Mer, 1pm

Take your seat for a superb afternoon of fun & frolics with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines sponsored by Torres Mas Rabell. Freshly roasted coffees compliments of BEWLEYS then dance the evening away with the Magnetics.

Event Ticket price €75

8pm Dine out at the GFC restaurant of your choice  
(not included in ticket price)

Participating Restaurants:

Restaurant d'Antibes @ The White House, The Blue Haven,  
The Captains Table @ Actons Hotel, Crackpots, Jim Edwards,  
Max's Wine Bar, Man Friday, Pier One @ The Trident Hotel,  
Toddies @ The Bulman, White Lady, Fishy Fishy, Jolas

**Call 021 4773571 [www.kinsalarestaurants.com](http://www.kinsalarestaurants.com)**

### *Get a Good Food Gift Voucher*

For use in all 12 of the Good Food Circle Restaurants and  
available for purchase in: The White House, Actons Hotel,  
The Trident Hotel, Finishing Services

# CrowleysDFK

Chartered Accountants



## Talk to the experts at Crowleys DFK. The local firm with national and international connections.

Crowleys DFK is a firm of chartered accountants and business advisers. We specialise in advising owner managed businesses and private individuals on areas such as:

- tax compliance
- tax retirement planning
- audit and accounting
- business recovery
- payroll & bookkeeping
- company secretarial
- cashflow management
- grant application assistance



To find out what **Crowleys DFK** can do for your business, contact our locally based Manager, **Seamus Hayes**, on

**Tel: 021 4272900**

**Mob: 087 9309064**

**Email: shayes@crowleysdfk.ie**

Visit us at [www.crowleysdfk.ie](http://www.crowleysdfk.ie)





# Perryville House

A Traditional  
Garden Tea Room

Serving:  
Breakfast  
from 9am

Morning Tea  
& Coffee

Delicious Lunch,  
12noon to 3pm

Afternoon Tea

Open Monday-Saturday  
10am to 6pm

## *Bulman Bar & Toddies Restaurant*

SUMMERCOTE, KINSALE

Tel: 021 477 2131

~ Live Music ~

*Saturday 10th September @ 10.15pm*

**Barry Tierney**

*Sunday 11th September @ 6.15pm*

**Boozy Schmoozers**

*with Sonny, Alan & Mike*

~ Food Served ~

Lite Bites Menu now served in the bar,  
Tuesday to Saturday, 6pm-9pm

~ Bar Lunches ~

Served 7 Days, 12.30pm-5pm

~ Toddies Restaurant ~

Open Tues to Sun, 6.30pm-10pm



[www.thebulman.ie](http://www.thebulman.ie)

## **TAE KWON-DO**

**Beginner Classes in  
Kinsale starting now**

*With Mark Buckley VI Degree and  
Finbarr Stewart II Degree*

### **CLASSES IN KINSALE**

All classes held in Temperance Hall,  
Kinsale

Tuesdays

6.30-7.30pm 6-13 years Beginners

7.30-8.30pm Advanced

Fridays

6.45-7.45pm 6-13 years Beginners

7.45-8.45pm Advanced

Phone 086 822 0107 /  
087 258 8360 for more info

태권도

# DIY SALE

**FOR 1  
WEEK  
ONLY**

From Monday 12th to Saturday 17th September Only

## 20% OFF



**ALL DOORS** up to **50% OFF**  
selected lines

## 20% OFF



**ALL FLOORS**

## 20% OFF



**ALL TOOLS** includes Power Tools  
and Hand Tools

## 20% OFF



Does not include Electric  
Showers or Bathroom  
Accessories

**ALL BATHROOM  
SUITES**

**BUSINESS AS USUAL!**

PLEASE BEAR WITH US DURING OUR  
CURRENT DEVELOPMENT. WE APOLOGISE FOR  
ANY INCONVENIENCE CAUSED.

**Bandon co-op**  
Farm Lane, Kinsale  
T: 021 4774 080



長城

# THE GREAT WALL CHINESE RESTAURANT

2 MAIN STREET, KINSALE

**NOW RE-OPENED - NEW MANAGEMENT - NEW IMAGE & DECOR**

~Food Served Daily~

Mon-Sat 5pm-12am (Inc. Bank Holidays)  
Sundays 2pm-12am  
(Special Menu Available)

~Delivery Service Daily~

(Inc. Bank Holidays) 5.30pm-11.30pm  
Delivery Charge starting from  
€1.50 (local area)

## SPECIAL OFFERS

*Sit Down Offer!!*

**3 COURSE MENU All Day €18.80pp**

*Sunday Special*

**EARLY BIRD MENU**

from 2pm-6pm for only €13.50pp

*Take Away Offers!!*

**GET A FREE CAN**

with every main course purchased

**GET FREE DELIVERY SERVICE**

when you spend over €10 (Local Area Only)

~ For Dinner Reservations Call: **021 4773995 / 4700655** ~

\*\*\*Bookings Taken for Private Parties\*\*\*

## Courtyard **Café** Walton Court *Oysterhaven Bay*

**Home baked bread  
cakes and pastries**

**Light lunch menu  
wines & beers**

**Farmhouse ice cream**

**NOW OPEN 7 DAYS**

**10am - 4pm**

**waltoncourt.com**

**HANDS ON**  
science

**Calling all Mad Scientists!**

**Where:** St Multose Hall,  
commencing Friday 16th September

**When:** Friday afternoons,  
6-8 year olds, 2.50pm-3.50pm  
8-11 year olds, 4.00pm-5.00pm

**What:** New experiments for a new term!  
Investigate a different science topic every week and make models, such as water powered rockets, traffic lights and fossils, investigate colour, sound, mirrors, levitating ping pongs and pneumatics, learn how to make sherbet, goo, ice cream and snow! And much much more!

**How Much:** €100 for 10 weeks,  
class size limited, reserve your place early to avoid disappointment.

**Contact:** Siobhan Devlin **087 9506527** or fill in  
on line booking form on [www.handsonscience.ie](http://www.handsonscience.ie)

**Have Fun While you Learn!**

Hands on Science is also available for  
private parties and school workshops!



Telephone: 021 477 2737

www.whiteladyhotelkinsale.com

# Saturday 10th September UV PARTY

End of Summer Party - Doors 11.30pm  
with i-Radio's DJ John O'Keeffe  
Plus - Fantastic Dance Off Competition  
(Signup on Facebook)

Prizes for the best glowing!!!

so put on your UV face paint and dress to shine!



:: FANTASTIC BBQ MENU ::

:: NEW OUTDOOR SEATING AREA ::

## Sunday 11th: Staff Night Out!

Doors  
11.30pm

# PARTYING AT HOME?

We Go  
Further For  
Our Clients!!!

WE CAN PICK YOU UP & BRING YOU AND YOUR FRIENDS  
TO THE WHITE LADY NIGHTCLUB ON OUR SHUTTLE BUS.  
FOR MORE DETAILS COME TALK TO US!!

**THE WHITE LADY SHUTTLE BUS**  
FREE FROM TOWN Every 5mins, 12am - 1.15am



## The ultimate VIP Party Room

...perfect for all ages, Hen Parties, Birthday Treats,  
Sweet Sixteens or just because you're worth it!!!  
Contact us for more details.





# The Fishmarket

RESTAURANT @ THE BLUE HAVEN

Offering a stunning interior in a wonderful atmosphere right in the centre of Kinsale & located on the site of the oldest Fishmarket in the town which dates back to 1784. The Fishmarket Restaurant offers the very best fresh fish featuring a variety of great selections, made from only the freshest and highest quality ingredients. With dishes such as Blue Haven Seafood Chowder, local Scallops, Pan Seared Atlantic Cod, Medallions of Tony's Monkfish and more, you'll be sure to find something to satisfy your palate. The Blue Haven prides itself on its superb cuisine, great atmosphere and delightful staff and we want you to experience it!



So come and experience The Fish Market Restaurant for its mouth watering seafood, variety of wines, great service, pleasant setting and unique dining experience every time you visit. **Open Daily from 6pm.**

T: 021-4772209

[www.bluehavencollection.com](http://www.bluehavencollection.com)

For the perfect gift visit [www.bluehavenstore.com](http://www.bluehavenstore.com) for some great gift ideas!!!

**Book your place soon! Limited places left!**



# Cookery Demos

**OCTOBER-NOVEMBER 2011**  
THE BLUE HAVEN HOTEL, KINSALE

Learn to cook delicious food, have fun, meet people and experience something new with the team of chefs at the Blue Haven Hotel cookery demos for October to November 2011 - book soon to reserve your place

**TUESDAY OCTOBER 4th - 7pm**

## *Italian Basics*

Learn basic Italian recipes to use to become a master

**TUESDAY OCTOBER 11th - 7pm**

## *Bistro French*

Rustic French style food - warming & delicious

**TUESDAY OCTOBER 18th - 7pm**

## *Winter Fare*

Using seasonal ingredients for mouth watering fare

**TUESDAY OCTOBER 25th - 7pm**

## *Chinese & Thai*

Unlocking the mysteries of the Orient

**TUESDAY NOVEMBER 8th - 7pm**

## *Tapas Night*

Relaxed delicious stylish dishes for a great night in

**TUESDAY NOVEMBER 15th - 7pm**

## *Come Dine With Me*

Become the perfect host with top dinner party tips from our team of chefs.

**TUESDAY NOVEMBER 22nd - 7pm**

## *Cooking with Pastries*

Stylish & sophisticated canapés & cocktails

**TUESDAY NOVEMBER 29th - 7pm**

## *Perfect Christmas*

Taking the stress out of the Christmas feast

"Great enthusiasm.  
Generous with people,  
food & time"

**SATURDAY OCTOBER 15TH - 9.30am**

## *All day course*

Starting off with mussel farming in Oysterhaven, then onto our vegetable garden and then back to The Blue Haven to cook the spoils!

All classes on Tuesdays are €25. per class or get 4 classes for €90.

Full day course for €50 per person

Contact 021-4772209 | [info@bluehavenschool.com](mailto:info@bluehavenschool.com)

"Lovely food,  
enjoyable night"



[www.bluehavencollection.com](http://www.bluehavencollection.com)

**W** THE  
WAVERLEY  
ACADEMY

**NEW** Hair &  
Beauty College

## Now Enrolling For All Courses

All Welcome To Our Open Day On Sunday  
11th September 2011 - From 12pm To 5pm

**ITEC Beauty Diploma - Evenings or Weekend**  
**ITEC Make Up - 1 Evening**  
**ITEC Holistic Massage - 1 Evening**  
**ITEC Hairdressing - 2 Days**

Quality Training - State Of The Art Facilities - International Qualifications  
IDA Business Park (Lauragh), Dunmanway Road, BANDON, Co Cork  
Above SalonShop

Phone Lo-call 1890 911 600 - [www.academy.ie](http://www.academy.ie)

# unislilm

Love your shape...with US!

**FREE TO JOIN**

Weekly fee payable €10

**ACTONS HOTEL  
EVERY THURSDAY**

**FROM 15th SEPTEMBER  
10.30am-11.30am**

**Contact Maura  
087 2989104  
[unislilm.com](http://unislilm.com)**

**SPECIAL OFFER VALID  
UNTIL END SEPTEMBER**

Find us on: [www.facebook.com/unislilm](http://www.facebook.com/unislilm) **facebook**  
Follow us on: **twitter**

*Our promise to you...*

- Guaranteed weight loss
- Never feel hungry again
- Delicious recipes
- Friendly classes



# VIZZA

PIZZERIA ~ PIER RD., KINSALE

## Feeling Hungry?

To get piping hot, delicious, freshly made pizza delivered to your door just ring in your order. We make fresh & deliver!

## Take Away Offers

(Available Sunday to Thursday)

Order Any 4 Pizzas ...get 1x 9" Pizza **FREE**  
Order Any 5 or more Pizzas ...get 2x 9" Pizzas **FREE**  
**PLUS 5% DISCOUNT**

**FREE DELIVERY WITHIN KINSALE**

**OUTSIDE KINSALE: FREE DELIVERY  
FOR ORDERS OVER €20 (SMALL CHARGE OTHERWISE)**

CHECK OUT OUR \*\*\* LOYALTY CARD \*\*\*

**OUR GUARANTEE:**

If not delivered within 45 Minutes from phone order, 10% reduction applies

**087 697 5255** Open 7 Days



Fashion TV Party for Cork Fashion Week

# FASHION ROCKS

## THE ULTIMATE FASHION TV PARTY

### FRIDAY 23rd SEPTEMBER

■ **MC FORMER MISS WORLD ROSANNA DAVISON**  
& top model Georgia Salpa

■ **EVENT FILMED BY FASHION TV**  
and broadcasted across 500 million households  
in 193 countries across five continents.

■ **9pm CHAMPAGNE RECEPTION**  
@ The Blue Haven Hotel with Headline Live Band

■ **11pm COCKTAIL RECEPTION PARTY**  
@ Studio Blue Night Club  
with Cork's favourite DJ, Stevie G

■ **FASHION PARADES**  
throughout the night with LOCKDOWN MODELS

■ **GOURMET CANAPÉS** throughout the night

■ **FIRE THROWERS** and lots of glamorous fun

■ **THE ULTIMATE 2011 FASHION PARTY**



Tickets €50

from The Blue Haven Hotel, Kinsale or  
Blue Haven Cafe, Douglas Shopping Centre  
(150 Limited Tickets)

or online

[www.bluehavenstore.com](http://www.bluehavenstore.com)

[www.tickets.ie](http://www.tickets.ie)



  
THE  
BLUE HAVEN  
HOTEL

**CORK**  
FASHION WEEK 2011

Tel: 021 4772209  
[www.corkfashionweek.com](http://www.corkfashionweek.com)  
[www.bluehavencollection.com](http://www.bluehavencollection.com)



# HAMLETS CAFÉ BAR

[www.hamletsofkinsale.com](http://www.hamletsofkinsale.com)

021 477 2939



## **Rugby World Cup Games @ Hamlets**

Watch these matches in Hamlets Café Bar. With a delicious Full Irish Breakfast.

Sun 11th Sept: Ireland Vs USA, 7am

Sat 17th Sept: Ireland Vs Australia, 9.30am

Sun 25th Sept: Ireland Vs Russia, 6am

Sun 2nd Oct: Ireland Vs Italy, 8.30am

Plus on each morning when you watch the match at Hamlets be in with a chance to win tickets to a Heineken Cup Game!!!

...DATE FOR YOUR DIARY! - Saturday 24th September

**DJ Philip Bourke (Red FM)**

## **Food Served 7 Days a Week @ Hamlets**

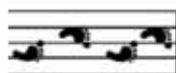
from 12 midday to 10pm. Why not pop in today to try our Italian Themed menu!

For the perfect gift visit [www.bluehavenstore.com](http://www.bluehavenstore.com) for some great gift ideas!!!

## **Enrolment for Kinsale Sept 2011 Classes**



**MUSIC MAKERS**  
First Steps in Music



[www.musicmakers.ie](http://www.musicmakers.ie)

**Baby Sensory** (3 months - pre-walking, with carer)  
Mirror dances, infant instruments, sensory light balls, baby drums, cuddle and tickle songs, active lap songs...

**Toddler Music** (Walking - 3 1/2 years, with carer)  
with the usual boomwhackers, drums, dancing, percussion instruments, bells and bubbles...

**Toddler Art** (18 months+ with carer)  
Fun with paint and exploring with dough. Lots of making, doing, sticking and creating while learning about textures and colours.

**Twinkles** (4 - 7 years)  
Instrumental playing, stage work, action songs, development of musicianship and confidence. Mini orchestra & mini musicals.



**NEW! Musical Theatre** (1st to 6th Class)  
A class that combines music, singing, drama & dance. A must for Glee fans!

### **Instrumental Classes**

- Piano
- Flute
- Tin Whistle
- Keyboard
- Folk Guitar
- Drum Kit
- Electric Guitar
- Bodhrán
- Recorder - Descant & Treble
- Voice Training & Singing
- Music Theory & Appreciation
- Junior & Leaving Cert Grinds
- Violin
- Ukulele

**Junior Choir** (1st - 6th class )

**Junior Orchestra** (1st - 6th class )

- Christmas and Summer Concerts
- Exams at Easter

**Adult Classes Also Available**

For enquiries or to enrol contact: Caroline Malone B.Mus. H.Dip.Ed.

**087- 9513589 / 021- 4700024 email: [info@musicmakers.ie](mailto:info@musicmakers.ie)**

**[www.musicmakers.ie](http://www.musicmakers.ie)**

*Party With Us This Christmas!*

Enjoy fabulous festive menus, wonderful live entertainment and superb value  
...more details coming soon!

No such thing as a Free Lunch?  
...There is at the Trident! Ask today for your



# Wharf Tavern Loyalty Card

Enjoy 4 Lunches and pick a FREE Dessert  
from our great selection of desserts  
or Buy 8 Lunches and choose a FREE Lunch!

## New Bar Menu In the Wharf Tavern

*includes some tasty new options  
as well as the old favourites!*

12pm to 9pm

-\$

## Cavery Lunch Daily

12.30pm to 2.30pm

-\$

## À La Carte Menu

-\$

## Children's Menu

-\$

## Outdoor Seating

*Overlooking the Marina*

*We're always searching for new and interesting  
tastes and we would like to introduce "Serious  
Sandwiches" to the Wharf Tavern Bar Menu!*

### West Cork Honey Roast Ham Sandwich

Freshly carved ham on hand cut bread  
with a mild mustard sauce

-\$

### Pig Sandwich

Slow roast pork shoulder, hand pulled  
to be tender and juicy with barbecue sauce

-\$

### Cajun Chicken Sandwich

Grilled Cajun spiced chicken breast on  
hand cut bread with spicy mayo & coleslaw

-\$

### Veggie Sandwich

Vegetarian special, cheddar, red onion,  
tomato, lettuce and mustard cress

*Every sandwich is freshly made for you each day,  
built on rustic bread, using high-quality meats,  
cheeses & vegetables.*



Tel: 021 477 9300 or email: [info@tridenthotel.com](mailto:info@tridenthotel.com)

[www.tridenthotel.com](http://www.tridenthotel.com)



**Denis  
Crowley  
& Co**  
Chartered Accountants



**The Income Tax  
Return Deadline  
is fast approaching!**

Contact me for an efficient, professional and reliable service at an affordable cost. Personal attention and the utmost confidentiality assured.

We also provide bookkeeping, accounts, tax, payroll, VAT and Revenue audit assistance.

Call for a free first consultation with no obligation. Flexible opening hours to suit you.

Unit 6 Riverside Grove, Riverstick, Co Cork  
**Tel: 021 4771534 / 087 9294958**  
**Email: denis@dcrowley.ie**

...fresh organic vegetables ...cheeses ...soups ...pâtés  
 ...cakes ...salads ...plants ...flowers & much more

**Kinsale  
Farmers' Market**

Short Quay, Kinsale  
 Every Wednesday  
 9.30am to 2pm



**JIM EDWARDS**  
 BAR & RESTAURANT

Available All Day from 12pm

- ~ Bar & Restaurant Menus
- ~ Lite Bite Menu
- ~ Special Value Dinner Menu  
 2 Course: €20 - 3 Course: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch (4 Course) €23.90



\*Gift Vouchers Available\*  
 \*Excellent Ensuite Accommodation\*

**Tel: 021 477 2541**  
 www.jimedwardskinsale.com



**trilogy**

Triple-Action  
 Line Smoother (30ml)

**FREE**

when you purchase any two  
 AGE PROOF products\*

\*Offer available with specially marked boxes  
 while stocks last

Available from  
**KINSALE HEALTH FOOD STORE**  
 19 Market Street  
 Kinsale  
 Ph: 021 4773521



**PHYSIOATHOME**

PHYSIOTHERAPY SERVICE IN THE COMFORT  
 OF YOUR OWN HOME & REGULAR PILATES  
 CLASSES - KAREN MASON MISCP MAACP

\*\*\* **087 6728232** \*\*\*

# The Folk House

Guardwell, Kinsale.  
T: 021 4772382



[www.folkhousevenue.com](http://www.folkhousevenue.com)

**ALL SPORTS SHOWN**  
On 2 Big Screens

**CHECK OUT  
THE GREEN ROOM**  
Also Available for Private Bookings

**UNRIVALLED WORLD  
BEER MENU**

**\*NEW\* HELVIC  
REAL CASK ALE  
NOW ON TAP**



## **LIVE MUSIC THIS WEEK**

**FRI 9th SEPT -  
SOULDRIVEN**  
7 Piece Masters of Jazz, Funk & Soul

**SAT 10th SEPT -  
COLLAGE**  
6 Piece Upbeat Popular  
& Contemporary Music

**SUN 11th SEPT -  
BIG ORDEAL**  
3 Piece Rockin Covers

**WED 14th SEPT -  
LERNER**  
Acoustic Folk/Rock Playing Originals  
From Their Album 'Calm Road'

**THURS 15th SEPT -  
THE BLUEJAYS**  
5 Piece Soul, Blues & Jazz

**FRI 16th SEPT -  
TOMCATS**

# **Bacchus Nightclub**

Guardwell Kinsale

**FRIDAY** Doors 11:30pm  
DJ Garian - 90s CLUB classics & chart  
Free Entry b4 12:00am

**SATURDAY** Doors 11:30pm  
DJ Sean - all the old & new classics  
Free Entry b4 12:00am

**THURSDAY** Doors 11:30pm  
DJ Mark - all the old & new classics  
Free Entry all Night



CARLTON  
HOTEL & C SPA  
KINSALE  
\*\*\*\*

# Pregnancy Pre-Natal Yoga Class



**Start Date Sept 12th  
Monday Evenings**

**Course runs for 7 weeks  
at the Aphrodite Hills  
by C-Spa, Carlton Kinsale**

Cost of Class  
€95, use of the  
pool on day of  
class included.

Also  
25% Discount  
on Mother to be  
Massage.

*Movement, Postures, Meditation, Breath.*

**To book call Susie 087 9852786  
or Amanda at C-Spa 021 4706000**



# C SPA



## Fish Feet Treat

Garra Rufa Fish Pedicure  
Making Waves in The Carlton Kinsale...

Prepare for a season of flip flops and have silky soft soles with our amazing introductory offer!

Book an appointment with  
Dr Fish for only €20pp

Try it now with a friend...  
Up to two people can receive  
this therapy at the same time



**Contact the C Spa 021 4706625**

Available Monday to Sunday. Subject to availability. Terms & Conditions Apply

**CARLTON**  
HOTEL & C SPA  
KINSALE  
\*\*\*\*

**Carlton Hotel & C Spa Kinsale**

T: (021) 4706000 W: [www.carlton.ie/spa](http://www.carlton.ie/spa)  
E: [cspa.kinsale@carlton.ie](mailto:cspa.kinsale@carlton.ie)

# THE ARMADA BAR & GUESTHOUSE

Pearse Street, Kinsale  
Tel: 477 2255

 **LIVE  
MUSIC** 

Friday 9th Sept

**Leon Buckley**

Saturday 10th Sept

**The Ferrymen**

Sunday 11th Sept

**Free Beer**

Tuesday 13th Sept

**Whiskey  
& Lace**

---  
Your Local Bar...  
Darts, Pool & Rings

---  
**Bar Food Served Daily**

## Acorn Accounting Services

Kinsale, Co Cork

### Chartered Accountants

Now is the time to prepare Annual Accounts  
for the October Tax Return deadline

Call for a competitive quote

Vat Returns, Payroll, Bookkeeping,  
Business Plans etc

**087 9188541**

[www.acornaccountingservices.ie](http://www.acornaccountingservices.ie)

Email: [acornaccounting@eircom.net](mailto:acornaccounting@eircom.net)

## Fasttrack Broadband

Providing High speed  
broadband in your area!

- Bandon
- Ballinadee
- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental  
Local Company with a local support team  
Packages starting from €23.50 per month



Contact Tristan on:

**087 1211809**

Ballinadee, Bandon, Co. Cork

email: [info@fasttrackbroadband.ie](mailto:info@fasttrackbroadband.ie)

web: [www.fasttrackbroadband.ie](http://www.fasttrackbroadband.ie)



## HERBALIFE.

Independent Distributor

Affordable and effective

- Private consultations
- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness
- Classes - Weight Loss Challenge  
Monday & Tuesday evenings

Call RONI

086-8316681 or 021-4777891



# Alto Holistics

44 Main Street Kinsale

Now Open

## ~ Treatments ~



Swedish Massage . . . . .	€45	60 mins
Reflexology . . . . .	€45	60 mins
Aromatherapy . . . . .	€45	60 mins
Reiki . . . . .	€45	60 mins
Indian Head Massage . . . . .	€45	60 mins
Back, Neck & Shoulder . . . . .	€25	30 mins
Lymphatic Drainage . . . . .	€45	60 mins
Sports Massage . . . . .	€50	60 mins

## ~ Pamper Packages ~

Body Scrub & (Aromatherapy or  
Reflexology or Massage)  
€60

Half hour back Massage and  
half hour Reflexology treatment  
€50

*more to come...*

**GIFT VOUCHERS AVAILABLE**

For an appointment please call  
**Sarah Tubridy on 087 9127271**  
*Walk ins also welcome. Looking forward to meeting you!*

# Angel's Secrets

*Short Quay, Kinsale*

*Health & Beauty Care*

**Lifting Facial** (60min)

with

Free Hand Treatment &

Brow Wax

or Tweeze

+ Free Reflexology (30min)

**Only €70**

**Lifting Facial** (60min)

with

Free Hand Treatment

+ Free Brow Wax or Tweeze

+ Free Blow Dry

(with Monica's Hair & Nails)

**Only €60**

**T:021 477 4703**

**M:087 741 8877**

## The Spaniard

www.thespaniard.ie T: 477 2436

*~ Live Music ~*

Fridays: **Martin & Friends**

Saturdays: **For Folk Sake**

Sunday: **Monty Goes To Carlow**, 7pm

Mondays: **Michael & Jimmy**

Wednesdays: **Trad Session**

*~ Food Served ~*

**BAR FOOD SERVED DAILY**

**RESTAURANT OPEN @ 6pm**

*(7 Nights A Week)*

**3 Course Value Menu  
available all day €24pp**

## Linda's Jewellery

*Main Street, Kinsale*

### HALF PRICE SALE

on selected diamond jewellery  
including sapphires, pearls, aquamarines,  
gold, platinum, emeralds and opals.

Collections dating from contemporary  
jewellery to Antique.

So ...If you are thinking of  
getting engaged ...now is the time!!

**Open 7 days a week**

**Mon-Sat 10.30am til 5.30pm**

**Sundays 2.00pm til 5.30pm**

**Tel: 021-4774754**

**Open 7 Days**

Serving  
Breakfast, Lunch  
(plus Sunday Brunch til 2pm)



**70 Main Street,  
Kinsale**  
Tel 021 4709792

# LEMON LEAF CAFÉ

courtyard & food store

Now taking bookings for  
**Christmas Parties  
& Private Functions**  
Call: 021 4709792

## **Breakfast Served**

From 8.30am To 11.30am All Weekend...

### **...From 11.30am**

Our Delicious Sandwiches To Takeaway  
Off The Shelf For Those On The Run...

Mon-Friday, Take Our Picnic Specials  
To The Park On Your Lunch Break

*Now Serving*  
**Patsy's famous...**

Lemon Meringue & Carrot Cake

## **Evening Meals Being Served**

**Thursday to Sunday from 5pm**

Including:

*Bruschetta, Fishcakes, Oysters Au Natural,  
Moules Mariniere, Roasted Walnut Pear  
Salad, Caesar Salad, Lemon Leaf Lasagne,  
Lemon Leaf Burger With Durrus Cheese,  
Feuille De Brick, Irish Fillet Steak Bruschetta,  
Cheese Slate, etc. Reservations Taken.*

*Now Also Serving*  
**a Selection of Wines**



**Get your 2nd coffee (Refill) at a reduced rate!!!  
Occasional Novelty Cakes - Made to Order!**

*Delicious home baked goods, tarts & much more... We Make & Bake Everything Ourselves Everyday!  
...and remember: If you can't stay, you can takeaway!*

# Actons Hotel



## *Waterfront Bar & Bistro*

Food Served Daily from 12pm to 9pm

~ Sample Items ~

### **Grilled Goats Cheese**

with flat mushrooms  
and caramelised pears

### **Grilled Smoked Peppered Mackerel**

on toasted bruschetta with sweet balsamic  
dressing, apple and gooseberry chutney

### **King Prawn, Smoked Salmon and White Crab Meat Salad**

with red pepper coulis, garden leaves  
and peppered lemon juice

### **Fisherman's Basket:**

Herbed Coated Milky Fish shallow fried  
with new season asparagus  
and caper mayonnaise

### **Half Roast Stuffed Chicken**

with baked potato and red wine sauce

### **McBride's Beef Burger**

with cheese bun, gherkin, salad and fries

### **8" Waterfront Pizza**

(traditional Margherita)  
or choose your own toppings

## *§ Sunday Carvery Lunch in Captain's Table Restaurant*

Every Sunday 12.30pm to 3.00pm

**Main Course only €13.90 ~ 2 courses €16.25**

**3 course lunch from €20.65 including tea / coffee**

**T: 021 477 9900** [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com)

Actons Hotel, Pier Road, Kinsale, Co. Cork.



**KINSALE COLLEGE  
OF  
FURTHER EDUCATION**



**Just Announced!!!**

Now Offering

# **Beauty Therapy Diploma Course**

plus

## **Complementary Therapies**

**Fully Accredited - 2 Year Course  
Funding Available**

**Dermalogica Training Also Available**

**Contact Course Director on**

# **087 123 0960**

**Course commences September 26th  
Now Taking Bookings • Places Limited**



**For more information contact us at:-**

**Tel: 021 477 2275**

**Email: [kinsalefurthered@eircom.net](mailto:kinsalefurthered@eircom.net)**

# **[www.kinsalefurthered.ie](http://www.kinsalefurthered.ie)**

No. 9 Pearse Street,  
Kinsale, Co. Cork.

Ph: 021-477-4500

Fx: 021-477-7374

# FITZGERALD & PARTNERS



## RANGE OF SERVICES

Registered Auditors

Business Centre/VAT/Management Accounts

Accounts

Consulting/System Reviews

Corporate Secretarial

Bookkeeping Services/Accounts Training

Tax Planning/Tax Returns

Corporate Finance/Business Restructuring

Family & Owner Managed Business

Payroll Service

Private Clients

[www.fitzgeraldandpartners.com](http://www.fitzgeraldandpartners.com)



Cormac Fitzgerald FCPA



Nessa Kelly BSc(ACC) CPA



Gertrude Ahern BBS CPA



Patricia Feeny FIATI CPA

Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland.

**Lipotrim**

**® WEIGHT MANAGEMENT  
BY HEALTHCARE PROFESSIONALS**

# **ARE YOU SERIOUS ABOUT LOSING WEIGHT?**

## **Weight loss improves:**

- Blood Sugar Control
- Life Expectancy
- Cholesterol
- Joint Pains
- Bladder Control
- Surgical Safety
- Blood Pressure
- Quality of Life
- Fertility
- Sleep



**Tuesday 13th September  
O'Connor's Pharmacy  
Pearse Street, Kinsale,  
Tel: 021 4777888**

**O'Connor's**  
*Pharmacy*  
Pearse Street, Kinsale

Call in or phone to pre-book an appointment with a  
**Lipotrim Advisor** and avail of **FREE BMI Calculations**  
and **FREE Lipotrim Maintenance Samples**

# Ralf's Computer Services

est. 2002

## & Internet Cafe

Lower O'Connell Street, Kinsale, Co. Cork  
(Between Shanghai Express & The White Lady)

### COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up  
Home & Business Networking • Computer Upgrades  
Home & Business On-Site Services

### COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners

☎ 021 477 2042 📠 087 807 3006

Email: [Sales@CSonline.ie](mailto:Sales@CSonline.ie)  
[www.csonline.ie](http://www.csonline.ie)

## Daltons Bar

Market St, Kinsale. Tel: 021 477 7957

## Traditional Irish Music & Ballads

Every Monday,  
Tuesday & Thursdays

# AAA Auto Services

Kinsale Enterprise Park, Barrack Green, Kinsale.



All Makes of Cars  
& Vans Serviced

FREE N.C.T. Check

FREE Collection & Delivery  
for servicing etc. in Kinsale area

Cars N.C.T'd for you  
Vans D.O.E.'d for you

Damien Bowles or Adrian Wright

T: 021 4700 811  
M: 086 2544 297

## The Market Garden

### GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,  
Dried Fruit, Nuts, Spices and Herbs...  
Fruit Baskets Prepared Potatoes  
& Vegetables.

Open  
Mon - Sat  
9.00am  
to 5.00pm



THE GLEN, KINSALE. Tel: 477 4574



Kinsale GAA Club

## A NIGHT AT THE DOGS

Friday Sept. 16th, Curraheen Park  
Tickets €10

U16s FREE with 2 Adult Admission Tickets

Raffle On Admission Ticket: **Prize €500**

Tickets available from Club officials  
& members. For any enquiries call

087 641 6760 or 087 697 9089

Bus available to Curraheen Park, €10 return- must  
be booked in advance, contact your ticket seller.



# To say *thank you*

We have introduced some  
great new loyalty offers

10<sup>th</sup> Hot Drink FREE

10<sup>th</sup> Wrap / Ciabatta FREE

10<sup>th</sup> Soup FREE

ask in store  
about our  
new rewards  
programme



**5% +**  
**BACK**

Earn points on all purchases every time you tap

each point is worth 5cent



## **Positive Balance**

FITNESS & HEALTH

### -NEW CLASSES-

**Mondays, Wednesday  
& Friday mornings.**

**Starting: Monday 5th @ 10am**

A blend of Step, Aerobics,  
Pilates, Body Conditioning.

Each class different and unique.

All done to music, fun and motivating.

**Also Tuesday & Thursday  
evenings @ 7pm.**

### -NEW-

**Get in shape and lose those  
unwanted pounds!**

3 x 1/2 hour sessions weekly,  
plus diet and food plan.

6 week course: Only €320

**Let me help you reach your  
weight loss goals! !**

### **Lady boot-campers!**

New course starting Tuesday  
& Thursday mornings.

Personal training sessions,  
for fitness and weight loss.

**Call Saran:  
087-9863302**

(you'll be glad you did!!)

Independent Herbalife distributor



## **Cooke's Cakes**

*Cakes for all occasions*

Free delivery around Kinsale

Call Kate:

086 8640717

[www.cookescakes.com](http://www.cookescakes.com)

## **hurleys** Ballinspittle

BAR & RESTAURANT, Tel: 021 477 8200

# *Food Served Daily*

## *12.30pm - 9pm*

*From Monday 12th Sept*

*Food Served: 12.30pm - 8pm*



**Kinsale**

**CHECK OUT OUR  
NEW WEBSITE!!!**

## **Deep Sea Angling & Scenic Tours**

38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include The Old Head etc.
- Whale/Dolphin Tours



Contact Butch:

M: 086 103 6905

T: 021 477 8054

[www.anglingkinsale.com](http://www.anglingkinsale.com)

email: [info@anglingkinsale.com](mailto:info@anglingkinsale.com)

# Anika & Sandra

## Massage, Beauty & Nail

(located in Kinsale, above House of Hair, in Guardwell)

**Tel: 087 783 9626**

*Treatments offered by highly Qualified therapists at reasonable prices.*

### ~ Massage with Anika ~

- Back, Neck & Shoulder Massage ..... (30min): € 20
- Multivitamin Full Body Massage ..... (60min): € 40
- Swedish Massage ..... (60min): € 40
- Deep Tissue Massage ..... (60min): € 40
- Sport Massage ..... (60min): € 40
- Golfer's Massage ..... (60min): € 40

*~ All our massages are suitable for Ladies, Gents & Teenagers ~*

### ~ Nails with Emilia ~

- Spa Pedicure: € 35
- Wellness Pedicure: € 45  
(this treatment includes a luxurious pedicure, feet exfoliation, mask, and leg massage)
- Spa Pedicure & Manicure: € 45
- \*New\* 2 Week Nail Varnish: € 20
- Gel Nails (with nail art): € 45
- Men's Pedicure: € 30-€ 35

### ~ Beauty with Sandra ~

- Multi-Vitamin Facial (90min) € 50  
(with free eyebrow wax/tweeze, hand-massage, eyelash/eyebrow tint)
- Microdermabrasion Facial € 50  
(with free eyebrow wax/tweeze, hand massage, eyelash tint)
- Beauty Facial (60min) € 45  
(with eyebrow wax/tweeze, hand massage, eyelash tint)
- Eyelash & Eyebrow Tint with Eyebrow Shape € 18
- Spray Tan, Full Body € 25

## Beauty Pamper Package (2hrs): € 80

(Full body massage & 60 min anti-age facial)

## Body Scrub + 60min Aromatherapy Massage € 50

*Gift Vouchers Available – the ideal present*

Eat • Drink • Sleepover



# CUCINA

9 Market St., Kinsale T: 021 4700707

Loyalty Cards Now Available  
Every 5th Coffee = 50% OFF  
Every 10th Coffee = FREE

## Evening Dining

Tuesday to Saturday from 6pm

::

**Breakfast - Brunch - Lunch**  
**Coffees & Cakes Served:**  
Monday to Saturday 8am - 4pm  
& **Sundays 9.30am - 2pm**

::

Private Parties Catered For  
B&B Also Available

[www.cucina.ie](http://www.cucina.ie) 021 4700707

# RENEW IT

*We utilise the most advanced technology to  
Steam Clean & Sanitise your Tile & Carpets to  
restore them to their natural beauty.*

- Highly Trained Experts
- 100% Customer Satisfaction
- Patented Technology
- Fast and Affordable Service
- Superior Results
- Tile and Grout Cleaning Service & Sealing
- Patio Cleaning
- Carpet Cleaning
- Restaurant (Deep Cleaning & Degreasing)



**M: 086-8592821 T: 021-7432793**

Cúil Gréine House, Ballincollig, Co. Cork, Ireland.

**Email: [info@renewit.info](mailto:info@renewit.info)**

The Kinsale & District

# NEWSLETTER

**Final Deadline For Next Issue:**

## Monday Sept. 12th

Get your pictures & stories in now for  
...Debs ...Births ...Weddings  
...1st Day at School, etc.

# *Tennis* *Coaching*



## ***Junior Tennis Coaching Lessons***

**Monday, Wednesday, Friday (6 weeks)**

Times: 3.30pm, 4.30pm, 5.30pm

Fee: €55 members / €65 non-members

**Private & Individual lessons also available!**

New players always welcome!

You can join lessons on an ongoing basis!

For registration call club coach: 087 9872783

## ***Senior/Adult Tennis Courses***

**6 weeks Intermediate Tennis Level 1**

Monday 12th Sept., Time: 6.30pm-7.45pm

Fee: €55 members / €70 non-members

**6 weeks Cardio Tennis, Fitness Course**

Wednesday 5th Oct., Time: 6.30pm-7.30pm

All fitness levels welcome. Fee: €55 members / €70 non-members

**4 weeks Doubles Drills / Tactics / Strategies**

Wednesday 5th Oct., Time: 7.30pm-8.30pm

Fee: €36 members/€50 non-members

*For booking contact*

# ***Sabine: 087 9872783***



**HELE**  
**WINDOWS LTD.**  
A Cork Family Business since 1965

**Tel: 021-4621710**

- Ireland's 1st PVC Window manufacturer - The Original & Still the Best!
- Manufacturing the highest quality windows & doors in Ireland with a proven reputation.
- Extensive range of high quality German products manufactured in Cork.
- Extensive range of colours available.
- Airtight, weather & sun resistant.
- Energy Efficient-A rated Windows.
- Lead Free - Will not fade.
- 28mm double glazing.
- Full replacement Service available.
- Original HELE single glazed windows can be double glazed - save money on bills!
- 10 year guarantee.

**Contact your local Representative  
for a competitive quote:**

**EMMET SHEEHAN:**  
**086-6615055**

**www.helewindows.com**

VORSPRUNG DURCH ERFAHRUNG



# Lifeboats

Spalpeen Trophy  
Race Night 2011

**FRIDAY 9th  
SEPTEMBER**

ON THE WATER & AT THE CLUB

This year we have a brand new format for all to enjoy, after racing there will be a BBQ, RAFFLE, MUSIC, and of course ...presentation of the SPALPEEN TROPHY.

NEW THIS YEAR...

## "THE GENTLEMAN SAILORS"

Martin Shanahan of "Martin Loves Fish" fame has kindly donated a beautiful trophy for the White Sails. Come help us celebrate the old event with its new look. A member of the RNLI Kinsale will be on the Marina as usual to hand out envelopes to each boat competing on the night and in advance RNLI Kinsale thanks YOU all for your generous donations.

**SEE YOU ALL  
ON THE NIGHT**



[www.rnli.org.uk](http://www.rnli.org.uk)

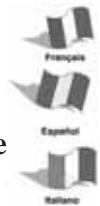
# Fun Language Classes

For Children of All Ages Provided by: *Le French Club*



*We aim to give children a very strong grounding in language, culture & heritage. Through fascinating, inspiring activities your child will absorb a foreign language in a natural, fun effective way.*

**Courses start soon in Carrigaline, Kinsale,**  
To avoid disappointment book now on: 087-7595370 / 087-6443574  
or email: lefunfrenchclub@gmail.com



- **Leaving Certificate Oral French**      • **French Junior Certificate**

Group classes

Preparation classes Beginning in November

**LIMITED PLACES AVAILABLE AS WE WISH TO KEEP GROUPS SMALL**



## RESTAURANT

— *Seafood Fusion and the Best Steaks Around...*

6 Main Street Kinsale/ (021) 470 9637

— *Open Monday - Saturday 6pm-Late*

— *Serving the Finest Fresh Seafood Kinsale has to offer; Green Curried Monkfish, Crispy Sea Bass, Lemon Sole, Wok Seared Scallops and Prawns...and More!!!*

— *Handpicked selection of Fine Continental Wines & Premium Imported Beers to compliment every meal.*

— *Gift Vouchers now Available.*

*"Effortless Dining in Elegant and Contemporary Surroundings".*

# Man Friday

- RESTAURANT -



**Open for Sunday Lunch**  
from 12.30pm to 3pm

**Open 7 Nights from 5.30pm**  
Dinner Menu from €36.50  
À la Carte Also Served

**Early Bird Served**  
from 5.30pm - 7.30pm, Mon - Fri  
(All Night Sunday Night)

**Reservations: 021 477 2260**  
[www.manfridaykinsale.ie](http://www.manfridaykinsale.ie)



## TEMPERANCE HALL KINSALE

Bookings now being taken for -

- Classes & Meetings
- Sports & Dance
- Exhibitions & Fairs
- Coffee Mornings
- Childrens Parties etc

For enquiries and to book

Phone: 021 4773571

Mon- Fri 9am-5.30pm

Very reasonable rates

**GREAT CENTRAL LOCATION!**

# ROSS OIL

COMPANY



*"your local oil company"*



Delivering all grades of oil to  
domestic, agricultural and industrial  
markets through our network of  
depots in the Munster area.

Enniskeane, Bandon, Co. Cork.

Call us now, we would be delighted to hear from you!

**Kinsale: 021 477 7015**  
**Bandon: 023 883 9383**

# KINSALE ADVERTISER

SERVING THE COMMUNITY  
FOR 22 YEARS!

## EVERY FRIDAY

✓ **Quality Local Advertising,**  
Direct To Your Target Market

✓ **Affordable Rates,**  
Weekly & Monthly

✓ **The Definitive What's On Guide**

✓ **Published Every Friday**

✓ **Delivered Throughout Kinsale  
& District, Free To Pick Up**

✓ **No Charge for Layout & Design**

✓ **[www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com),**  
Digital Editions Uploaded Thursday

**DEADLINE:**

**Mondays @ 5pm**

ADVERTS CANNOT BE CONFIRMED  
UNTIL PAYMENT HAS BEEN RECEIVED

T: 021 477 4313

E: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)



MEMBER

# THE HUNTSMAN

Bar & Lounge,  
Belgooly Tel: 477 0666



## *Entertainment for September*

Sunday 11th September

**Blackthorne**

6.30pm-8.30pm

Sunday 18th September

**David Drought**

6.30pm-8.30pm

Friday 23rd September

Comedy with

**Paul Malone**, 10pm

§

***Serving Food 7 Days***

12.30pm-8.30pm

~ September Special ~

**Free Apple Pie & Cream**

**with all adult main courses**

**Monday-Friday**

# GONE SURFING!



Offshore Surf Co. are closing  
for the Winter season

**from 19th September**

We will re-open in Spring with an  
amazing new look and fresh stock  
from all your favourite surf brands!!!

**MASSIVE CLEARANCE  
SALE NOW ON!**

**Shoes from €30**

**Tees from €15**

**Hoodies from €29**

**50% OFF Sunglasses**

**All DVDs €15**

**ALL SURFBOARDS HALF PRICE!**

**...And our €5 bargain basket!!!**

Wetsuits, booties and hardware will continue  
to be available throughout the winter.  
Contact us through our website or Facebook.

**[www.offshorekinsale.com](http://www.offshorekinsale.com)**



*Thank you to all our customers  
for your support... See you next year!!!*

# THE TEMPO CAFE

{COFFEE-BAR-STYLE}

NEWS FLASH \* NEWS FLASH \* NEWS FLASH  
YOUTH MUSIC EVENING

**SATURDAY 10th SEPTEMBER**  
**TEMPERANCE HALL,**  
**KINSALE, 9pm-11pm**

Live music all night from:

The Variantes, Local Cork band  
REFRESHMENTS & SNACKS

available on the night

FREE ENTRY: AGE 15YRS+

[www.kinsaleabc.ie](http://www.kinsaleabc.ie)

or see The Tempo Cafe Facebook page

# Saile

KINSALE  
**SPORTS & COMMUNITY  
CENTRE**

## Look out for our Super Draw door-to-door team

Selling tickets for €20 in your area soon  
1st prize a funky Ford Fiesta!

Funds go towards building a new  
Sports and Community Centre in Kinsale

021 4773929 [www.saillesportsandleisure.ie](http://www.saillesportsandleisure.ie)

Also available from: Kinsale Book Shop, Kinsale Sports  
Store, Hegarty Horgan Solicitors, Fintan Lynch Hairdressers

Sales • Service • Repair

 **Computer  
Troushooters**

TECHNOLOGY SOLVED



## UNIT 3K, KINSALE COMMERCIAL PARK

\*\*\* FREE PARKING \*\*\*

For fast, professional, reliable,  
locally based computer services  
& sales, in your own home or office,  
give John Hardiman a call...



**T: 021 242 9752**  
**M: 087 741 2939**

[info@ctscorksouth.com](mailto:info@ctscorksouth.com) [www.ctscorksouth.com](http://www.ctscorksouth.com)



**ON SITE SERVICE  
ALSO AVAILABLE!**  
We can come to your home or office!

Now Is The Time to clean those dirty Gutters, Fascia & Soffits!

## CORK GUTTER & CLEANING SERVICE

...Reaching New Heights.

**SERVING  
KINSALE &  
DISTRICT**



We Specialise in the Cleaning of Gutters & Disposal  
of Waste Matter! Using all the Latest Technology,  
height is no object for our Cherry Picker!

Commercial & Domestic • Single Jobs or Contract Work Available

**We also offer: Power Washing  
Window Cleaning • Fast & Friendly Service**

Contact Denis J. O'Regan, Innishannon

**T: 021 477 5111 M: 086 251 2221**

Email: [uptonlandscaping@yahoo.ie](mailto:uptonlandscaping@yahoo.ie)

## Joy's Relaxation & Therapy Centre

BALINESE, THAI, MALAY AND SWEDISH MASSAGE



**IDEAL FOR STRESS RELIEF**

**Specialising in:**

Slimming Thai Style • Facial Firming  
Back Massage • Head Massage  
Foot Reflexology • Hot Stone Massage  
Sports Injuries A Speciality

7 Pearse Street, Kinsale

**T: 021 470 0985**

**M: 086 368 3968**

Also: Church Yard Lane, Well Road, Douglas, Cork.  
T: 021 493 6732 / M: 086 041 6338

*Gift Vouchers Available* An Ideal Healthy Gift



## THE LORD KINGSALE

Main Street, Kinsale.  
Tel 021 477 2371

~ Bar Food Served Daily ~  
from 12pm

~ Evening Menu Available ~  
from 5pm

~ Live Music This Week ~  
**Saturday 10th September:**

**Kevin McSweeney**

**Wednesdays:**

**Trad Session**

with Mark Long & Peter Harding

~ Ensuite Accommodation Also Available ~



# fishy fishy

Seafood Restaurant  
on The Pier

## Open 7 Days

From 12pm to 9pm

For Dinner Reservations:  
Call 021 4700 415

[www.fishyfishy.ie](http://www.fishyfishy.ie)  
credit cards accepted

# SEPTEMBER IS VAT FREE

**MONTH @ THE BLIND-MAKER!**

(on everything except Velux Blinds & Repairs)



## The Blind-Maker

Visit our Showrooms @:

- Southside Industrial Estate  
(near EZ Living), Togher.
- Flor Griffin, Bandon
- Flor Griffin, Ballincollig

Showrooms Open Monday to Saturday

**021 4320111**  
[www.theblindmaker.ie](http://www.theblindmaker.ie)



Weekly Advertiser & Guide to  
**WHAT'S ON IN KINSALE & DISTRICT**

Items for sale • Items wanted • Situations vacant  
Gardening • Services available • Building • Childcare  
Education • Hire & equipment • Property • For sale  
Property • Wanted • Property • Property • Property  
Driving Lessons • Yachts & Boats • Agricultural • For sale  
Items wanted • Situations vacant • Services available  
Gardening • Building • Childcare • Education • Motors • Etc.

# CLASSIFIEDS

## SERVICES AVAILABLE

### Window Cleaning

Available anytime.

Kinsale & Surrounding Areas.

Reliable. Good Rates. Phone 087 762 9025

## Chimney Cleaning

Vacuum & Brush

Also: Stoves Fitted & Cleaned.

4771988 or 086 8288831 *anytime*

## SANDRA ROBERTS FCIA/ITI

ACCOUNTANTS, TAX ADVISERS & BOOKKEEPERS

Ballymacus, Kinsale, Co. Cork

T: 087 762 3106 E: [sandyderoberts@eircom.net](mailto:sandyderoberts@eircom.net)

Services Provided

Year End Accounts & Tax Returns  
VAT Returns • Bookkeeping • Payroll  
Business Plans & Advice  
Cashflow Forecasts • Loan Applications

For further  
information  
contact us at:

**087-7623106**  
or [sandyderoberts@eircom.net](mailto:sandyderoberts@eircom.net)

## EcoCleaners

for a safe and healthy  
environment at home

regular domestic service:  
weekly, 2-weekly  
or 4-weekly

holiday-let change-overs

021 - 4773555  
[www.ecocleaners.ie](http://www.ecocleaners.ie)  
[mail.ecocleaners@gmail.com](mailto:mail.ecocleaners@gmail.com)



## Jack Hickey Coach Hire

16 Seater Mini Bus  
for all Occasions

Jack: 087 251 8104



## NASH BROTHERS ELECTRICAL LTD.

Tel: 021 4771502 Mob:086 2268274 or 086 8055585

ALL BUDGETS CATERED FOR! SPECIAL OFFERS INCLUDE:

• No extra call out charge • Up to 40% off hourly rates • Free quotes

• 24 HOUR CALL SERVICE • FULLY INSURED & CERTIFIED

SERVICES INCLUDE FREE QUOTES FOR:

• Additional sockets & lights • Shower installations & repairs

• Updating distribution fuse boards • Garden lights •

• Alarms • Security lighting • Repairs to heating systems (time clocks etc.)

• New builds & extensions • Energy efficient lighting • Safety audits •

Energy efficiency advice & audits available

Email: [info@nashbroselectrical.com](mailto:info@nashbroselectrical.com) [www.nashbroselectrical.com](http://www.nashbroselectrical.com)

## Mick Ronan Painter & Decorator

Kinsale Co. Cork



021-4773278  
085-7025009  
C2 REG.

Full Power Washing Service Available



## KINSALE LANDSCAPES

Complete Design & Landscaping Service

Tel: 087 246 7890

[www.kinsalelandscapes.com](http://www.kinsalelandscapes.com)

## FINISHING SERVICES

Virtual Office - Bookkeeping  
Payroll - Secretarial

CONTACT US FOR A QUOTE NOW

**021 477 3571**

**087 240 6747**

MEMBER OF THE



email: [maria@sportingtoursireland.ie](mailto:maria@sportingtoursireland.ie)

Maria O'Mahony, Finishing Services, 71 Main St., Kinsale



GARDENS | DRIVEWAYS | PATIOS  
**Garden Design & Landscaping**  
Trailer loads of well rotted manure available for delivery for your vegetable or shrub beds.  
**Phone 087 6417068**  
www.sweetpealandscape.com

**GRIMLEY SATELLITE & TV SERVICES**

- Free To Air Systems €139 inc Installation
- Saorview Boxes from €79
- Sky TV - Service & Repairs
- Panasonic Plasma+LCD Sales
- Sky TV: Service & Repair

**087 621 7813**  
**021 477 3840**  
www.free2air-satellite.com  
Service/Repair • Plasma Wall Mounting  
All Work & Equipment Guaranteed

**HOME SWEET HOME DESIGN SERVICE**



- Need a home makeover? • Let the experts guide you...
- Skilled Tradespeople on hand • KLC Interior Designer
- Full Design Service & CAD • No job too small...

**Room Consultation €45 Call Dawn on 086 233 3743**



**HORSERIDING**  
*Beach Riding, Countryside Trekking, etc.*  
*Cross Country for hire*  
**Knocknamana Riding Stables**  
Tel: 087 6723 594 or 021 488 7111

**Gearoid Price**

**BUILDING & CARPENTRY SERVICES**  
Extensions, renovations, sunrooms, Stove fitting service - free standing or built in. No job too small.  
**Ph: 086 825 9774**  
Free Quotations Fax: 021 477 1109  
**3/4 Ton Digger + 1/4 Ton Dumper**  
**FOR HIRE with Driver**  
Ideal For Back Yard Where Access Is Limited

**DAN DEMPSEY'S GARAGE**

**Scrap Cars Collected & Disposed of FREE OF CHARGE**

**021 477 2124** Tool Hire - Workshop - Hostel  
**021 477 4111** Fax Only  
**021 477 2683** Late Contact  
**086 821 7777** 24hr Crash & Recovery

**COLEMAN BLINDS**

*Manufacturers of Quality Roller, Venetian and Vertical Blinds*

Free measurement & fitting and advice in your own house or visit our showrooms.

Unit 3, Monastery Road, Rochestown, Co. Cork  
Tel/Fax. 021 484 1297  
Mobile. 087 234 2515  
Email. colemanblinds@eircom.net



**20% DISCOUNT ON CARPET CLEANING**  
until end of September 2011

**Expert Cleaning Services:**  
Carpet/Upholstery Cleaning • Spot & Stain Removal Experts

**Disaster Restoration Experts:**  
Water/Flooding Services • Smoke/Fire Damage Repair  
Odour Removal

**Contact: 021 477 4078**

**RECYCLING**

Transport available to recycling centres.  
Electrical Items, Mattresses, Furniture, Timber, Iron, Bagged Garden Recycling etc.  
Contact 086 3436120

**RENOVATIONS**

**Electrical • Plumbing • Building**  
Quality Work • Keenest Prices  
**Contact Jim: 087 211 9535**

**INSULATE WITH INSULEX**

*For all types of*  
**HOME INSULATION**  
**CONTACT INSULEX**  
for Free Advice & Quotations  
SEAI & NSAI Grant approved contractors  
**Tel: 021 4778562**  
www.insulex.ie

## SERVICES AVAILABLE

### WASHING MACHINE SERVICES

FIXING OVENS, COOKERS, TUMBLE DRYERS,  
FRIDGES, DISHWASHERS, ETC...

**CONTACT: JODY DRENNAN**  
OF ABC DOMESTIC APPLIANCE REPAIRS LTD.

**M: 087 779 0804**  
**T: 021 483 3032**

### Practical Solutions

\*NEW IKEA SERVICE

Partial, Half & Full loads available  
from Ikea - Just send your order to us!

Silvia Kossmann  
Qualified Carpenter (Fully Insured)  
T: 087 287 6093

Other Services: :: Storage/Shelving Solutions  
:: Home Maintenance :: Children's Playrooms :: Office re-organisation :: Face lifts :: Carpentry  
E: practicalsolutionsireland@gmail.com

### Saorview RTE Systems Free to Air Systems

**ALL FOR A ONE-OFF FEE!!!**

Contact Jeremy Sheehan, Kinsale

**T: 021 477 4955**

### Kinsale Cabs

Your well established Cab Service!

021 **477 2642**

021 **470 0100**

Also operating in & around Cork City.  
Large fleet of Cars & Buses available.

E-mail: info@kinsalecabs.com

**www.kinsalecabs.com**

### daisychain flowers

Pearse Street, Kinsale

That gorgeous flower shop in the heart of Kinsale (you know the one!).

Beautiful array of plants and flowers for the summer season, and a brand new website for even more retail therapy opportunities!!!

www.daisychain-kinsale.com

**Tel: 021 477 4643**

info@daisychain-kinsale.com



### CARPET & UPHOLSTERY CLEANING SERVICE

...  
FLOOR TILES  
CLEANED & POLISHED

...  
COMMERCIAL & DOMESTIC

Denis O'Sullivan 437 7315 • 086 207 0086



### Kinsale Equestrian Centre

Horse Riding Lessons • Trekking  
Livery • Summer Camps.  
Great for Birthdays & Parties

Zoe 086-8530894 www.kinsale-equestrian.ie

### POWER WASHING

Fascia and soffit,  
walls, footpaths, patios,  
pub & shop fronts.

HOT & COLD WASH

**Tel: 021 477 1459**

**086 318 2625**



### HANDYMAN AVAILABLE

Carpenter • Interior Plastering • Painting  
top quality work. C2 & VAT Registered  
Call Diarmuid at 087 120 5025

## SERVICES AVAILABLE

### Headstones Leonard McCarthy Ballinspittle, Kinsale

New Headstones Inscriptions (Only €150)  
Also: Cleaning & Granite Worktops

**087 2122 754**

lenmccarthystone@gmail.com

- Brochure Available -

### dgPropertyCare.com

#### CLEANING - DECORATING - MAINTENANCE

window cleaning - fascia & gutters - moss removal - powerwashing  
interior & exterior painting - wallpapering - varnishing  
stonework - gutter placement - tiling - sash window restoration

**Call us 086 / 39 22 770**

[www.dgpropertycare.com](http://www.dgpropertycare.com)

Commercial & domestic work undertaken throughout west cork & city fully insured!

Your Local  
**Window  
Cleaner**  
**086 251 2221**

### BEDS

#### & BUNK BEDS

Maurice Murphy Hardware,  
65 Main St., Kinsale.  
021 477 2257

### OIL BURNERS

HOME HEATING SERVICED & REPAIRED

- **Carbon Monoxide Testing** -

Full carbon monoxide & combustion  
monitoring using latest digital analyser

John McCarthy (Kinsale)

**Contact: 087 2377667**

Fully Insured & Approved

## BRENDAN DESMOND



### Plastering • Roofing Contractor

No Job Too Small • Free Estimates  
• Extensions • Renovations • Sunrooms  
• Plastering • Roofing • Slating • Tiling  
• Old Roofs Repaired or Replaced  
• Attic/Roof Insulation  
• Wall Insulation S.E.I. Reg.  
• Property Maintenance - Residential & Commercial  
• General Building Contractors

**Tel: 021 488 7338**

**Mob: 087 251 5373**

## For All Your Aerial & Satellite Solutions

Sky - Free 2 Air - RTE Digital

Call Dave Dunne (Kinsale)

**M: 085 178 6289**

### JOHN O'DONOVAN

#### **BUILDING CONTRACTOR**



RESIDENTIAL • COMMERCIAL • EXTENSIONS  
Renovations • Maintenance • Personal Supervision

Fully Registered and Insured

Ballinamona, Kinsale • Tel: 021 4774742 • Mobile: 087 824 8064

### Guitar Lessons

#### All Styles

Electric & Acoustic  
Beginner & Advanced

Higher Diploma  
in Popular Music

Performance,  
London College of Music

Phone **CLEM**  
**087 202 7870**

[www.clembuckley.com](http://www.clembuckley.com)

### DRIVING LESSONS

A-One 2 One

- Professional Driving Instructor
- Dual Controlled Car
- Available 24 Hours a Day, 7 Days a Week
- Test Routes Covered
- Gift Vouchers Available

**Mob: 086 190 5815**

**Tel: 021 437 0811**

Michael Foran Phone: 086 1798955  
Painting Contractor

Professional Painting & Decorating  
Floor Sanding & Varnishing



## HAIR, HEALTH & BEAUTY

### Michelle's Hair Creations

LADIES & GENTS

Open  
Tuesday to Saturday  
9.30am - 5.30pm

**T: 021 477 3133**

14 Pearse Street, Kinsale, Co. Cork



### Très Chic Beauty Kinsale

JUDY DONEGAN, CIBTAC trained, AIT insured  
TEL: 087 2709410 EMAIL: TRESCHICBEAUTYKINSALE@YAHOO.IE  
WWW.TRESCHICBEAUTYKINSALE.COM  
WWW.WEDDINGSBYKINSALE.COM



### FOOT HEALTH CARE

Corns ~ Callus ~ Nail Care etc  
Home Visits Available

**Helena - 087 2749853**

## CLASSES & COURSES

### NEW 6 WEEK Weight Loss Challenge

New syllabus, new class

**WEDNESDAYS @ 7pm**

**Temperance Hall**  
Starts 14th Sept

**Only €25**

Call or text ... Weight: 087 6266726

## FINTAN LYNCH HAIRDRESSING

61 MAIN STREET, KINSALE

**Tel: 477 3900**

Open Tues-Fri 9am-5.30pm | Sat 9am-4pm



Booking  
Advisable!



### ROGUE FITNESS

PERSONAL TRAINING - KINSALE

**T: 087 9556664**

[www.roguefitness.ie](http://www.roguefitness.ie) E: [sylvia@roguefitness.ie](mailto:sylvia@roguefitness.ie)

### Violin Lessons

Beginners to Advanced  
All Levels & Exams Catered For  
Teresa 086 170 3366

### ANN'S HAIR CREATIONS

Ladies & Gents Hair Salon The Glen, Kinsale

**SEPTEMBER SPECIAL:**

Full Head Mèche  
inc cut/blowdry €65  
every Thursday/Friday

**T: 477 2030**

Tues to Sat: 9.15am-6pm

FREE CAR PARK BEHIND SALON -



### MUSICMAKERS

First Steps in Music



**Adult Group Classes - Max 4 People**

- Beginner Guitar
- Beginner Piano/Keyboard
- Beginner Bodhrán

All Instruments & Materials Supplied  
Tuesdays Mornings in Kinsale. 10 Week Term - €100

**Call 087 951 3589**

## CHILD CARE

### MARMALADE PARK MONTESSORI

HIGH SCOPE & ALL DAY CARE CRECHE  
0 TO 5 YEARS

We Are Expanding!!! More Space Available Now  
For Part Time & Full Day

Contact Janice O'Connell  
**086 277 0943**

Lady Available To Mind Children  
in her own home - Compass Hill

Monday to Friday, Fully Qualified

Sue: 087 8525798

Fun child developmental classes through Music, Puppetry, Singing, Dancing & Story-Telling



### Bumble-Bees

Kinsale Classes (@ Actons): Tues, Wed & Fri  
Bandon Class: Mondays

Ages 8mts-5yrs,  
to attend with parent/carer

CECILY COTTER: 086 371 2626

SEPTEMBER ENROLMENTS NOW TAKING PLACE



### FREE ECCE PRESCHOOL YEAR

3 hour sessions

BOOK NOW - NO ADDITIONAL COSTS

FURTHER INFORMATION FROM:

NUALA McCARTHY @ 087 7637266



### Little Rascals Montessori School

Fiona: 021 477 7687 - 087 224 8816

- Open Monday - Friday -

Montessori Classes: Part Time Care: Full Day Care:  
9.15am - 1.00pm 8.00am - 1.00pm 8.00am - 6.00pm

### Stickyfingers

#### MONTESSORI PRESCHOOL

(Near Ballinspittle)

Due to demand, we grew  
over the Summer!

ECCE preschool places still available  
in our second classroom.

1 mile from Ballinspittle Village,  
less than 10mins from Kinsale.

Morning & full day care  
from 7.45am, Mon-Fri.

0-12 years - after school collection  
offering you continued care.

Contact Olwyn Shorten

Also taking September 2012/13 bookings

T:021 4778387 M:087 2136562

### CHILDMINDER REQUIRED

for 2 children aged 4 and 7.

Approx 30 hours per week.

Contact 087 914 8289

## PETS



### Five Star Dog Hotel

While you are away let me care for your  
dog, in the comfort of my luxury home.

No kenneling!

Walks in the woods & beach everyday.

Call Rita Bates: 021 4708003

FULLY EXPERIENCED DOG HANDLER

### **Belgooly Boarding Kennels & Cattery**

Kennels open all year.  
Spacious individual kennels.  
Long country walks twice a day.  
021 477 0796 - 086 066 9015



Because they're  
worth it!!!



## **All Dog Grooming**

**Ballinspittle Village**

**Open Tues - Sat  
9.30am-5pm**

**T: 021 470 8860  
M: 086 0655 748**

[www.alldoggrooming.ie](http://www.alldoggrooming.ie)

### **FORT ARTHUR BOARDING KENNELS KINSALE**



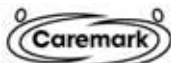
Individual Kennels - Exercised Twice Daily

Collection & Delivery - Prop: Avril Copithorne



**Tel: 021 477 8002 or 085 729 7233**

## **SITUATIONS VACANT**



The mark of excellent care

## **CARE & SUPPORT WORKERS REQUIRED for KINSALE area**

Block hours available. For more information call:

**Fiona 021-4514888**

Relevant Fetac Level 5 Qualification desirable.

### **PERRYVILLE HOUSE REQUIRE:**

**PART TIME HOUSEKEEPING STAFF, 10am-1pm**

**BREAKFAST WAITRESS, 7.30am-11.30am**

**Tel: 021 4772731**

Applicants must have excellent standards.



## **Life Science Consultants**

Servicing the Pharmaceutical and Biotechnology Industries

Life Science Consultants is a Kinsale based company working in a global marketplace. Due to significant growth, the company is offering a Recruitment Consultant Internship.

### **Recruitment Consultant Internship**

The structured programme will focus on sales and communication skills as well as an understanding of the whole circle of recruitment. The programme will cover how to manage candidates and client relationships whilst developing an in depth knowledge of pharmaceutical industry.

The Ideal Candidate will have:

- Natural flair for sales
- The ability to build rapport quickly
- Proven ability & confidence in a customer facing role
- Candidates will need to be self driven
- Ideally you will have some previous experience in a business to business sales
- A third level qualification and/or a fluency in a European language

This role encompasses the complete recruitment lifecycle from business development, sourcing and interviewing candidates, to negotiating with candidates/and client contacts.

Recruitment is extremely fast paced, often demanding but very rewarding, so please only apply if you are serious about this as a career. This is a great opportunity for a very talented person to break into the recruitment industry.

### **Why Apply?**

The **Job Bridge National Internship Scheme** offers you an alternative if you have been unable to find paid work. If you are a recent graduate, you gain valuable work experience that you can add to your Curriculum Vitae.

### **How to Apply?**

To apply for placements you must be registered with FÁS. You can do this at any local FÁS Employment Service Office, or Local Employment Service Office (LES).

Prospective candidates should email their CV to [recruit@lsc.ie](mailto:recruit@lsc.ie) with the role they are applying for included in the email subject. A brief synopsis of the candidates experience should be included in the email.

## SITUATIONS VACANT CONT.

**Fully qualified Hair Stylist  
required for busy local salon.**

**Experience essential.  
Tel: 086 309 4656**

## PROPERTY

**DUE TO SEVERAL REQUESTS FRIAR'S LODGE  
IS OFFERING ROOM ONLY ACCOMMODATION  
OVER THE CHRISTMAS PERIOD**

for those who wish to spend Christmas with friends  
and family living in Kinsale. For further details  
call Maureen or Aine 086: 2895075 or 021 4777384

### **TO LET** LONG OR SHORT TERM

DOUBLE ROOM EN SUITE  
AND SINGLE ROOM WITH  
SHARED BATHROOM,  
COMMUNAL KITCHEN/DINING  
AREA & LAUNDRY.

PRICE RANGING FROM  
€75 - €120 PER ROOM PER  
WEEK THIS INCLUDES ALL  
CHARGES AND BROADBAND  
OFFICE HOURS 021 477 4940  
AFTER HOURS 087 267 1904

### **TO RENT: LANZAROTE**

Beautiful one bedroom apartment  
with sea views in Matagorda,  
Lanzarote. Small quiet complex  
with heated swimming pool.  
Close to all local amenities.  
5 minutes walk to the beach.  
10 minutes from airport.  
Satellite TV including:  
RTE 1, Network 2, BBC's and ITV

**087-2355 258  
or 087-986 3302**

### **HIGH SPECIFICATION RENTAL HOUSE REQUIRED**

for American couple relocating  
to Kinsale for 3+ years.  
Minimum 2 bedroom 2 bathroom  
with garden and within walking  
distance of town centre.

Contact: 087 1386841

### **Room for rent**

Spacious double bedroom in Compass Quay.  
Short term possible. Kids are welcome  
**To view please call 087 9737303**

### **TO LET: Shop in Ballinspittle**

Currently trading as Ice Cream Shop  
Lends itself to many uses  
**Tel: 083 3109964**

### **Fully Furnished Cottages to rent** opposite Garretstown Beach

**4 bedrooms/3 bathrooms**

**Full central heating  
and open fireplace**

**All Kitchen appliances provided  
Satellite TV**

**Rent is €800.00 per month  
Utilities extra**

**Please ring Alison on:**

**087 6793506**

for more details, or email to [info@kinsalecoastalcottages.ie](mailto:info@kinsalecoastalcottages.ie)



### **Furnished Modern Office To Let in Kinsale Town Centre**

Approx 530sq ft - Private Bathroom & Kitchenette

**Call 087 283 1151**

Whilst every care and attention is given to all  
advertisements published, we cannot take responsibility  
for the content or validity of these advertisements.  
If an advert has been proofed & cleared for publication by  
the advertiser, we cannot take responsibility for any errors.

## FOR SALE

For Sale: Fabulous and smart  
**16.3 HALF BRED  
GELDING HUNTER**  
Great potential. For further details  
086 2624761 or 086 2895075

## ASSOCIATIONS & CLUBS

**KINSALE TOASTMASTERS**  
meet on the first and third  
**Wednesday of every month in the  
Trident Hotel at 7.45pm**

A full and varied programme of speeches, topics and evaluations will set the standard for the upcoming club contest which takes place on September 21st. Anyone who aspires leadership, or who in the near future has to make a presentation, or wedding speech, should join Toastmasters and avail of the help on offer in a friendly setting.

### **KINSALE ACTIVE RETIREMENT ASSOCIATION**

**Tuesday 13th Sept, Haven Bay Care Centre,  
Launch Of Positive Ageing Week**  
By Author Alice Taylor, 2.30pm

## **KINSALE BRIDGE CLUB**

is hosting a Fundraiser  
at the Trident Hotel  
**Thursday September 22nd 10am**  
in aid of Sacred Heart Benevolent Fund (ASHI)  
**Table money €12 includes coffee**  
**Great raffle with lots of prizes.**

*All welcome!*

## NOTICES



**Kinsale AFC U12s**  
Any Boys born in 2000, who would  
like to join Kinsale AFC  
please contact: Yvonne Geary  
086 065 4655



**Insurance  
for Dummies**



Padraig Fitzgerald of PJFitzgerald Insurance, Kinsale is delighted to recommend a new Irish website for the general public taking the jargon out of Insurance log onto [www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com) and click "Insurance for Dummies". You will be pleasantly surprised and you won't be a dummy! Over 30,000 people in Ireland have visited this new free website since August! I am delighted to be associated with this new development. The website is open 24 hours a day 365 days a year! For any further information on this new development, please email [padraig@pjfitzgerald.ie](mailto:padraig@pjfitzgerald.ie) or phone 021 4772332 / 021 4772001

-regards, Padraig Fitzgerald [www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com)

## Coffee Day

in aid of Marymount Hospice  
on Thursday 15th September  
at Anne McCarthy's,  
Old Head, 11am-8pm  
*Everybody welcome!*

Kinsale AFC (Underage)  
**Awards & Registration evening**  
**Tonight, Friday 9th September**  
**Kinsale Rugby Club, 6:30pm**  
All existing and New Members welcome

IntermediateA Football Championship  
Quarter Final Replay: **KINSALE VS YOUGHAL**  
Venue: Pairc Ui Rinn  
Date: Friday 9th September 2011 at 7:30pm  
Come and show your support for the team!!

## NOTICES

### *Kinsale Heritage Town Walk*

**DERMOT RYAN 086 826 7656**  
From The Tourist Office  
at 10.30am Daily & 3pm (by Appointment)

Number 1 Kinsale Attractions & Cert of Excellence on



*"Start in Kinsale  
with Dermot Ryan and  
you will not go wrong"*

*"...knows more about the  
town's history &  
geography than anyone  
you're going to meet there"*

### **International Psychic/Medium Fiona Stewart Williams**

Private sittings in Holistic Centre,  
Pearse Street, Kinsale. Monday 12th September.  
Phone for bookings 087 283 1151

### **9/11 Commemoration Ceremony Garden of Remembrance at Ringfinnan, Kinsale Saturday 10th Sept, 2.30pm.**

An oration will be given by Simon Coveney T.D.  
Minister for Agriculture, Food and the Marine.  
This will be followed by Mass celebrated by  
Father Liam O'Regan at 3.00 pm with  
hymns sung by Celtic Soprano Emma Kate Tobia.

The Garden of Remembrance is dedicated to the 343 firemen who died in the Twin Towers disaster in New York on 9/11. The event is open to everyone and the public are cordially invited to attend."



**WELCOME TO ALL THE  
DELEGATES TO THE  
SHARK ADVERTISING AWARDS**

### **DON & BARRY'S HISTORIC STROLL, KINSALE**

from outside the Tourist Office  
**11.15am Daily + Early Bird 9.15am (Mon-Sat)**

*'Kinsale's single best attraction' - Rick Steves*

*'Highly entertaining ...Child friendly ...Captivating  
...All at once Old Kinsale came vividly to life' - The Irish Times*

NEW Preview our tour on [www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com)  
Phone: 021 4772873

### **Sinéad's Gymnastics @ St. Multose Hall KINSALE**

**Tuesdays AND Fridays**

4.45pm-5.45pm (5-8yrs)

5.45pm-6.45pm (8yrs+)

Starting Friday 16th/Tue 20th Sept  
for 11 Weeks

To Book contact Sinéad on 086 8360275

**Arrange your own:  
PET INSURANCE, TRAVEL INSURANCE  
PROFESSIONAL INDEMNITY INSURANCE  
from the comfort of your own home!**



Click on your **www.pjfitzgeraldinsurance.com**

*arrange quotes and cover in minutes!*

### **HARBOUR CRUISE**

*Departure Beyond Actons Hotel on board 'Spirit of Kinsale'*

Friday 9th Sept @ 2pm & 3pm  
Saturday 10th Sept @ 2pm, 3pm & 4pm  
Sunday 11th Sept @ 2pm, 3pm & 4pm  
Monday to Thursday @ 2pm & 3pm

**\*\*\*CHILDREN FREE\*\*\* MONDAY TO FRIDAY**  
1 Per Adult - Offer Valid For The Season

M: 086 250 5456 [www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)  
Cruises are subject to weather and tide.

# KINSALE TOWN MAP

- 1 Actons Hotel & Leisure Centre
- 2 Trident Hotel
- 3 Spaniard Bar/Rest
- 4 Bulman & Toddies, Summercove
- 5 Seanacháí / Front Lounge
- 6 Jim Edwards Bar/Rest
- 7 The White House
- 8 Folkhouse / Bacchus
- 9 Studio Blue Nightclub
- 10 The Kinsale Advertiser
- 11 Ralf's Computer Services
- 12 Old Bank House
- 13 Blue Haven Hotel
- 14 Anika & Sandra Beauty
- 15 Great Wall Chinese Restaurant
- 16 The Armada Bar
- 17 Vista / Vizza
- 18 The White Lady
- 19 Kinsale Health Store
- 20 O'Connors Pharmacy
- 21 1601 Off Licence
- 22 Fishy Fishy Restaurant
- 23 Hamlets Cafe Bar
- 24 To The Waverley Academy, Bandon
- 25 SuperValu
- 26 Fitzgerald & Partners
- 27 The Lord Kingsale
- 28 To Carlton Hotel & C-Spa
- 29 Aperitif
- 30 To Hurleys Bar, Ballinspittle
- 31 Lemon Leaf Café
- 32 Perryville
- 33 To Walton Court Café Oysterhaven.
- 34 Man Friday Restaurant
- 35 Alto Holistics
- 36 Cucina
- 37 Zuul's Restaurant
- 38 Offshore Surf Shop
- 39 Seaview Café & Market

# KINSALE ADVERTISER



© Kinsale Advertiser 2011

To Ballinspittle

MAP PUBLISHED DURING THE SUMMER MONTHS WHEN SPACE PERMITS.  
TAKE OUT A MINIMUM OF A QUARTER PAGE ADVERT FOR A MINIMUM OF FOUR  
CONSECUTIVE ISSUES & FEATURE ON THE MAP DURING THE PERIOD YOU ADVERTISE.

To  
Charles  
Fort

*What's On... What's On... What's On... What's On...*

## **Kinsale Sharks**

### **Advertising Awards**

#### **FRI 9TH SEPT**

##### **AN SEANACHAI:**

Amadans & Bodhrans.

##### **ARMADA BAR:**

Leon Buckley.

##### **BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

##### **BLUE HAVEN:**

The Magnetics.

##### **DERMOT RYAN'S**

##### **HERITAGE WALKS:**

From The Tourist Office,  
10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,  
Tourist Office.

##### **FOLKHOUSE:** Soul driven.

##### **HAMLETS:** Live DJ.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

##### **KINSALE AFC:**

Underage Awards &  
Registration Night, at the  
Rugby Club, 6.30pm.

##### **SPALPEEN TROPHY RACE:**

Kinsale Yacht Club.

##### **SPANIARD BAR, SCILLY:**

Martin & Friends, 9pm.

##### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

#### **SAT 10TH SEPT**

##### **AN SEANACHAI:**

Mike O'Riordan, 7.30pm,  
plus the Misfits, 10pm.

##### **ARMADA BAR:**

The Ferrymen.

##### **BACCHUS NIGHTCLUB:**

with DJ Sean, 11.30pm.

##### **BLUE HAVEN:**

John Bates &

Grainne Long, 10pm.

##### **BULMAN, SUMMERCOVE:**

Barry Tierney, 10.15pm.

##### **DERMOT RYAN'S**

##### **HERITAGE WALKS:** From The

Tourist Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,  
Tourist Office.

##### **FOLKHOUSE:** Collage.

##### **GARDEN OF REMEMBRANCE,**

##### **RINGFINNAN:**

9/11 Commemoration  
Ceremony, 2.30pm.

##### **HAMLETS:**

Live DJ.

##### **HARBOUR CRUISE:**

From The Pier @

2pm, 3pm & 4pm.

##### **LORD KINSALE:** Kevin

McSweeney, 9.30pm.

##### **SPANIARD BAR, SCILLY:**

For Folk Sake, 9pm.

##### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

##### **TEMPO YOUTH CAFÉ:**

Temperance Hall, 9pm.

##### **WHARF TAVERN**

##### **AT THE TRIDENT HOTEL:**

Music with Easy Beats.

##### **WHITE HOUSE:**

Liam & Ger, 10.30pm.

##### **WHITE LADY NIGHTCLUB:**

End of Summer UV Party  
with DJ John O'Keeffe  
Doors 11.30pm. Plus BBQ.

#### **SUN 11th SEPT**

##### **AN SEANACHAI:**

Trad Routes, 8pm.

Crazy Chester, 11pm.

##### **ARMADA BAR:**

Music by Free Beer.

##### **BLUE HAVEN BAR:**

Sonny & Friends, 9pm.

##### **BULMAN, SUMMERCOVE:**

Boozy Schmoozers, 6.15pm.

##### **DERMOT RYAN'S**

##### **HERITAGE WALKS:** From The

Tourist Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

11.15am, Tourist Office.

##### **FOLKHOUSE:** Big Ordeal.

HAMLETS: Clem & Katie.

##### **HARBOUR CRUISE:**

From The Pier @

2pm, 3pm & 4pm.

##### **HUNTSMAN, BELGOOLY:**

Blackthorne, 6.30pm.

##### **SPANIARD BAR:** Monty Goes

To Carlowl, from 7pm.

##### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

##### **WAVERLEY ACADEMY,**

##### **BANDON:**

Open Day, 12pm-5pm.

##### **WHITE HOUSE:**

Mike O'Riordan, 9pm.

Special 'Bruce Springsteen'

Commemorative Set.

##### **WHITE LADY NIGHTCLUB:**

Doors 11.30pm.

Plus BBQ.

#### **MON 12th SEPT**

##### **AN SEANACHAI:**

Andy Dunne.

##### **BLUE HAVEN:** Arundo, 9pm.

##### **DALTONS BAR:** Traditional

Irish Music & Ballads.

##### **DERMOT RYAN'S HERITAGE**

##### **WALKS:** From The Tourist

Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,

Tourist Office.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

##### **KINSALE INDOOR**

##### **BOWLS CLUB:**

Temperance Hall, 8pm.

##### **SPANIARD BAR:**

Michael & Jimmy, 9.30pm.

##### **WHITE HOUSE:**

Liam & Ger, 9pm.

#### **TUES 13th SEPT**

##### **ACTIVE RETIRED**

##### **ASSOCIATION:** 2.30pm,

Positive Ageing Week,

Haven Bay Care Centre.

##### **AN SEANACHAI:**

Trad Routes, 10pm.

##### **ARMADA:**

Whiskey & Lace.

##### **BLUE HAVEN BAR:**

Sonny & Friends, 10pm.

##### **DALTONS BAR:** Traditional

Irish Music & Ballads.

##### **DERMOT RYAN'S HERITAGE**

##### **WALKS:** From The Tourist

Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,

Tourist Office.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

##### **O'CONNORS PHARMACY:**

Lipotrim Advisor instore.

#### **WED 14th SEPT**

##### **AN SEANACHAI:** Arundo.

##### **BLUE HAVEN BAR:**

Mike O'Riordan, 10pm.

##### **DERMOT RYAN'S**

##### **HERITAGE WALKS:** From The

Tourist Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,

Tourist Office.

##### **FARMERS MARKET:**

The Plaza, 9.30am-2.00pm.

##### **FOLKHOUSE:**

Lerner.

HAMLETS: Darren & Friends.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

##### **LORD KINSALE:**

Trad with Mark Long

& Peter Harding.

##### **SPANIARD BAR:** Trad Session.

##### **WHITE HOUSE:**

Liam & Ger, 9pm.

#### **THURS 15th SEPT**

##### **AN SEANACHAI:**

Trad Routes, 9.30pm.

##### **BACCHUS NIGHTCLUB:**

with DJ Mark, 11.30pm.

##### **BLUE HAVEN:** Arundo, 10pm.

##### **COFFEE DAY:**

For Marymount Hospice,

at Anne McCarthy's,

Old Head, 11am-8pm.

##### **DALTONS BAR:** Traditional

Irish Music & Ballads.

##### **DERMOT RYAN'S HERITAGE**

##### **WALKS:** From The Tourist

Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,

Tourist Office.

##### **FOLKHOUSE:** The BlueJays.

##### **HAMLETS CAFE BAR:**

The Thursday Band, 9.30pm.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

#### **FRI 16th SEPT**

##### **AN SEANACHAI:**

Love Junkies.

##### **ARMADA BAR:** Live Music.

##### **BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

##### **BLUE HAVEN:** Aristocrats.

##### **DERMOT RYAN'S HERITAGE**

##### **WALKS:** From The Tourist

Office, 10:30am Daily

##### **DON & BARRY'S TOURS:**

9.15am and 11.15am,

Tourist Office.

##### **FOLKHOUSE:** Tomcats.

##### **HAMLETS:** Live DJ.

##### **HARBOUR CRUISE:**

From The Pier @ 2pm & 3pm

##### **KINSALE GAA:**

A Night At The Dogs.

##### **SPANIARD BAR, SCILLY:**

Martin & Friends, 9pm.

##### **STUDIO BLUE NIGHTCLUB:**

Doors 11pm.

# James Murphy & Co.

## AUCTIONEERS & VALUERS

☎ 021 4 777 999

☎ 087 23 90 180

# URGENT!

## PROPERTY WANTED TO LET IN ALL AREAS

...Springmount ...Eltin's Wood  
...The Orchards ...Compass Quay, etc...

**RENTAL PROPERTY URGENTLY REQUIRED  
IN ALL AREAS DUE TO A  
HIGH DEMAND IN INQUIRIES!**

JAMES MURPHY, M.I.P.A.V. est. 1998  
Licensed and Bonded Estate Agents

[www.kinsaleproperty.ie](http://www.kinsaleproperty.ie)

WEBSITE  
UPDATED DAILY!

Pearse Street, Kinsale, Co. Cork, Ireland.

Email [info@kinsaleproperty.ie](mailto:info@kinsaleproperty.ie)

Fax 021 477 2650